Pictures for Reflection

As children grow older, they are more cognitively mature and better able to participate in group games and team sports. Unlike younger children, older children understand and follow the rules, recognize their strengths, and focus on areas requiring practice. Older children are better able to communicate, negotiate, and compromise. As adults support children’s participation in group games and team sports, they continue to be aware, not only of age, but stages as well. Children develop differently and despite ages, some children may be more physically able, socially competent, or emotionally mature than others. Adults are watchful to ensure children can participate and develop in a safe context without fear of bullying.